CheerExpo Nationals 2026 Saturday

04-Mar

	T#	PROGRAM	DIVISION	TIME
SESSION 1	1	Sky Athletics Chill	Small U8 L1	9:00
	2	Legacy Cheer Atlantic Epic	Medium U12 L1	9:04
	3	Extreme Athletics Sizzle	Small U8 L1	9:08
	4	Olympia Cheerleading Gaia	Medium U12 L1	9:12
	5	Action Cheer Athletics Mayhem	Small U8 L1	9:16
	6	Empire Athletics Electric	Medium U12 L1	9:20
	7	Cheer Sport Sharks NL Blueberry Sharks	Small U8 L1	9:24
	8	Atlantic Cheer Academy Recon	Medium U12 L1	9:28
	9	Atlantic Cheer Academy Mini Majors	Small U8 L1	9:32
	10	Empire Athletics SS Black Widow	Medium U8 L1	9:36
	11	Sky Athletics Freeze	Large U12 L1	9:40
	12	Olympia Cheerleading Nyx	Medium U8 L1	9:44
	13	Cheer Sport Sharks NL Puffin Sharks	Large U12 L1	9:48
	14	Cheer Sport Sharks NL Wavy Sharks	Medium U8 L1	9:52
	15	Halifax Cheer Elite Spice Girlz	Large U12 L1	9:56
	16	Halifax Cheer Elite Biggie Smalls	Medium U8 L1	10:00
	17	Cumberland Allstars Wreckage	XSmall U12 L1	10:04
	18	Extreme Athletics Heatwave	Small U12 L1	10:08
	19	Action Cheer Athletics Hustle	XSmall U12 L1	10:12
	20	Halifax Cheer Elite Outlawz	Small U12 L1	10:16
	21	Coastal Wave Elite Chill	XSmall U12 L1	10:20
	22	Empire Athletics Shade	Small U12 L1	10:24
	23	Empire Athletics SS Titanium	XSmall U12 L1	10:28
	24	Cheer Sport Sharks NL Lava Sharks	Small U12 L1	10:32
SESSION 2	25	Olympia Cheerleading Hades	Medium U16 L1	10:48
	26	Olympia Cheerleading Pandora	U18 L1	10:52
	27	Cumberland Allstars Bombsquad	Medium U16 L1	10:56
	28	Premier Cheer Allstars Lady G	Small U16 L1	11:00
	29	Atlantic Cheer Academy Generals	Medium U16 L1	11:04
	30	Legacy Cheer Atlantic Radical	Small U16 L1	11:08
	31	Cheer Sport Sharks NL Shore Sharks	Medium U16 L1	11:12
	32	CSS Edmonton Blackspotted Sharks	Small U16 L1	11:16
	33	Sky Athletics Weather Girls	Medium U16 L1	11:20
	34	Coastal Wave Elite Ice	Small U16 L1	11:24
	35	Halifax Cheer Elite Goodie Mob	XLarge U12 L1	11:28
	36	Halifax Cheer Elite Jwow	Large U16 L1	11:32
	37	Olympia Cheerleading Harmonia	XLarge U12 L1	11:36
	38	Empire Athletics Phantom	Large U16 L1	11:40
	39	Carleton Allstar Cheer Blackout	Junior 1	11:44
	40	Olympia Cheerleading Electra	Large U16 L1	11:48
PREP, POM & SPECIALTY SESSION	41	Coastal Wave Elite Surf	U12 Prep L1	12:04
	42	Coastal Wave Elite Mini Mermaids	U8 Prep L1	12:08
	43	Cheer Sport Sharks NL Glam Sharks	U12 Prep L1	12:12
	44	Cheer Sport Sharks NL Peppermint Sharks	U8 Prep L1	12:16
	45	Cheer Sport Sharks NL Coconut Sharks	U6 Prep L1	12:20
	46	Cheer Sport Sharks NL Baby Bite Sharks	U6 Prep L1	12:24
	47	Team Canada HCE New Edition	AA Unified Advanced AG	12:28
	48	Team Canada East Coast AA (WHC)	AA Unified Median Coed	12:32
	49	Team Canada Legacy Cheer Atlantic Wave	AA Unified Advanced Coed	12:36
		LUNCH BREAK		
	50	Halifax Cheer Elite Pom Squad	Allstar U12 Pom	1:20
	51	Cumberland Allstars Stephie	Indy U16 L1	1:24
	52	Cumberland Allstars Lilly & Addie	Duo U18 L1	1:26
	53	Dalhousie University Tigers Pom	University Pom	1:28
	54	Cumberland Allstars Macelyn	Indy U16 L3	1:32
	55	Cumberland Allstars Aftershock Angels	Trio U16 L1	1:34
		PREP, POM AND SPECIALTY AWARDS SESSION		
SESSION 3	56	Saint Mary's University Huskies Maroon	University Intermediate	2:00
	57	Premier Cheer All Stars Sleek	Open 3.0	2:04
	58	Acadia University Axewomen	University Intermediate	2:08
	59	506 Elite Allstars Rise	Open 3.0	2:12
	60	UPEI Panthers	University Median	2:16
	61	Extreme Athletics Smoke	U16 L2.0	2:20
	62	Université de Moncton Bleu et Or	University Median	2:24
	63	Empire Athletics Graphite	U16 L2.0	2:28
	64	StFX X-Women	University Median	2:32

	T#	PROGRAM	DIVISION	TIME
SESSION 3 Continued	65	Cheer Sport Sharks NL Evolution Sharks	U16 L2.0	2:36
	66	UNB REDS Cheerleading	University Median	2:40
	67	506 Elite Allstars Deja2	U16 L2.0	2:44
	68	Dalhousie University Tigers	University Advanced	2:48
	69	Halifax Cheer Elite uNTamed	U18 L2.0	3:00
	70	Saint Mary's University Huskies White	University Game Day	3:04
	71	Action Cheer Athletics Rogue	U18 L2.0	3:08
	72	Maple Grove Education Centre Panthers	JH Intermediate	3:12
	73	Empire Athletics SS Blacklight	U18 L2.0	3:16
	74	West Bedford Junior High Wolves	JH Intermediate	3:20
	75	Coastal Wave Elite H20	U18 L2.0	3:24
	76	Yarmouth Consolidated Memorial HS Vikings	High School Median	3:28
	77	Atlantic Cheer Academy SWAT	Open 2.0	3:32
	78	West Bedford High School Wolves	High School Median	3:36
	79	Peak Elite Cheerleading Glaciers	Masters 2.0	3:40
		BREAK		3:44
		BREAK		3:48
SESSION 4	82	Carleton Allstar Cheer Bullets	U16 L1 Restricted	4:04
	83	Carleton Little Janes	U8 L1 Restricted	4:08
	84	Halifax Cheer Elite Reckless	U16 L1 Restricted	4:12
	85	Action Cheer Athletics Moxie	U8 L1 Restricted	4:16
	86	Cumberland Allstars Sabotage	U16 L1 Restricted	4:20
	87	Cumberland Allstars Mini Rivals	U8 L1 Restricted	4:24
	88	Sky Athletics Rainbows	U6 L1 Restricted	4:28
	89	Atlantic Cheer Academy Black Ops	Large U12 L1 Restricted	4:36
	90	Extreme Athletics Ignite	Small U12 L1 Restricted	4:40
	91	Halifax Cheer Elite Xzibit	Large U12 L1 Restricted	4:44
	92	Carleton Allstar Cheer Bombers	Small U12 L1 Restricted	4:48
		DINNER BREAK		
SESSION 5	93	Olympia Cheerleading Persephone	Open 3	5:40
	94	Olympia Cheerleading Asteria	Large U12 L2	5:44
	95	Empire Athletics Frost	U18 L3	5:48
	96	Halifax Cheer Elite Da Bratz	Large U12 L2	5:52
	97	Coastal Wave Elite Freeze	U16 L3	5:56
	98	Premier Cheer Allstars Too Faced	U18 L2	6:00
	99	Halifax Cheer Elite Bossy Posse	U16 L3	6:04
	100	Carleton Allstar Cheer Sergeants	U18 L2	6:08
	101	Extreme Athletics Fire Squad	U16 L3	6:12
	102	Halifax Cheer Elite City Girlz	Small U16 L2	6:16
	103	Olympia Cheerleading Poseidon	U16 L3	6:20
	104	Cumberland Allstars Pink Mafia	Small U16 L2	6:24
	105	Action Cheer Athletics Ruin	U18 L4	6:28
	106	Empire Athletics Steele	Small U16 L2	6:32
	107	Empire Athletics Noir	U18 L4	6:36
		BREAK		6:40
	109	Atlantic Cheer Academy Unit 4.2	Open 4.2	6:44
	110	Cheer Sport Sharks Edmonton Marble Sharks	Small U16 L2	6:48
	111	Halifax Cheer Elite Mafia	Open 4.2	6:52
	112	Halifax Cheer Elite Cheetah Girlz	Medium U12 L2	6:56
	113	Extreme Athletics Lady Danger	U18 4.2	7:00
	114	Extreme Athletics Hotshots	Medium U12 L2	7:04
	115	Coastal Wave Elite Aqua	U18 4.2	7:08
	116	Empire Athletics Midnight	Medium U12 L2	7:12
SESSION 6	117	506 Elite Allstars Guardians	U18 L5	7:28
	118	Cheer Sport Sharks NL Riot Sharks	Small U12 L2	7:32
	119	Scotia Cheerleading Allstars Ghost	U18 L5	7:36
	120	Carleton Allstar Cheer Generals	Small U12 L2	7:40
	121	Halifax Cheer Elite Blue Crew	U18 L5	7:44
	122	Sky Athletics Midnight	Small U12 L2	7:48
	123	Cumberland Allstars Lady Rebels	Small U12 L2	7:56
	124	Action Cheer Athletics Apex	OC6.0	8:00
	125	Coastal Wave Elite Crush	Small U12 L2	8:04
	126	Cheer Sport Sharks NL Wild Sharks	OC7.0 - WORLDS	8:08
	127	Halifax Cheer Elite Souljaz	Large U16 L2	8:12
	128	Scotia Cheerleading Allstars Infinity	OLC5	8:16
	129	Olympia Cheerleading Zeus	Large U16 L2	8:20

CheerExpo Nationals 2026 — SUNDAY

04-Mar

	T#	PROGRAM	DIVISION	TIME
SESSION 1	1	Sky Athletics Chill	Small U8 L1	9:00
	2	Legacy Cheer Atlantic Epic	Medium U12 L1	9:03
	3	Extreme Athletics Sizzle	Small U8 L1	9:06
	4	Olympia Cheerleading Gaia	Medium U12 L1	9:09
	5	Action Cheer Athletics Mayhem	Small U8 L1	9:12
	6	Empire Athletics Electric	Medium U12 L1	9:15
	7	Cheer Sport Sharks NL Blueberry Sharks	Small U8 L1	9:18
	8	Atlantic Cheer Academy Recon	Medium U12 L1	9:21
	9	Atlantic Cheer Academy Mini Majors	Small U8 L1	9:24
	10	Empire Athletics SS Black Widow	Medium U8 L1	9:27
	11	Sky Athletics Freeze	Large U12 L1	9:30
	12	Olympia Cheerleading Nyx	Medium U8 L1	9:33
	13	Cheer Sport Sharks NL Puffin Sharks	Large U12 L1	9:36
	14	Cheer Sport Sharks NL Wavy Sharks	Medium U8 L1	9:39
	15	Halifax Cheer Elite Spice Girlz	Large U12 L1	9:42
	16	Halifax Cheer Elite Biggie Smalls	Medium U8 L1	9:45
	17	Cumberland Allstars Wreckage	XSmall U12 L1	9:48
	18	Extreme Athletics Heatwave	Small U12 L1	9:51
	19	Action Cheer Athletics Hustle	XSmall U12 L1	9:54
	20	Halifax Cheer Elite Outlawz	Small U12 L1	9:57
	21	Coastal Wave Elite Chill	XSmall U12 L1	10:00
	22	Empire Athletics Shade	Small U12 L1	10:03
	23	Empire Athletics SS Titanium	XSmall U12 L1	10:06
	24	Cheer Sport Sharks NL Lava Sharks	Small U12 L1	10:09
SESSION 2	25	Olympia Cheerleading Hades	Medium U16 L1	10:24
	26	Olympia Cheerleading Pandora	U18 L1	10:27
	27	Cumberland Allstars Bombsquad	Medium U16 L1	10:30
	28	Premier Cheer Allstars Lady G	Small U16 L1	10:33
	29	Atlantic Cheer Academy Generals	Medium U16 L1	10:36
	30	Legacy Cheer Atlantic Radical	Small U16 L1	10:39
	31	Cheer Sport Sharks NL Shore Sharks	Medium U16 L1	10:42
	32	CSS Edmonton Blackspotted Sharks	Small U16 L1	10:45
	33	Sky Athletics Weather Girls	Medium U16 L1	10:48
	34	Coastal Wave Elite Ice	Small U16 L1	10:51
	35	Halifax Cheer Elite Goodie Mob	XLarge U12 L1	10:54
	36	Halifax Cheer Elite Jwow	Large U16 L1	10:57
	37	Olympia Cheerleading Harmonia	XLarge U12 L1	11:00
	38	Empire Athletics Phantom	Large U16 L1	11:03
	39	Carleton Allstar Cheer Blackout	Junior 1	11:06
	40	Olympia Cheerleading Electra	Large U16 L1	11:09
	41	Coastal Wave Elite Surf Demo	U12 Prep L1	11:12
	42	Coastal Wave Elite Mini Mermaids Demo	U8 Prep L1	11:15
		AWARDS SESSION 1		
SESSION 3	56	Saint Mary's University Huskies Maroon	University Intermediate	11:45
	57	Premier Cheer All Stars Sleek	Open 3.0	11:48
	58	Acadia University Axewomen	University Intermediate	11:51
	59	506 Elite Allstars Rise	Open 3.0	11:54
	60	UPEI Panthers	University Median	11:57
	61	Extreme Athletics Smoke	U16 L2.0	12:00
	62	Université de Moncton Bleu et Or	University Median	12:03
	63	Empire Athletics Graphite	U16 L2.0	12:06
	64	StFX X-Women	University Median	12:09
	65	Cheer Sport Sharks NL Evolution Sharks	U16 L2.0	12:12
	66	UNB REDS Cheerleading	University Median	12:15
	67	506 Elite Allstars Deja2	U16 L2.0	12:18
	68	Dalhousie University Tigers	University Advanced	12:21
	69	Halifax Cheer Elite uNTamed	U18 L2.0	12:30
	70	Saint Mary's University Huskies White	University Game Day	12:33
	71	Action Cheer Athletics Rogue	U18 L2.0	12:36
	72	Maple Grove Education Centre Panthers	JH Intermediate	12:39
	73	Empire Athletics SS Blacklight	U18 L2.0	12:42

	T#	PROGRAM	DIVISION	TIME
SESSION 3 Cont...	74	West Bedford Junior High Wolves	JH Intermediate	12:45
	75	Coastal Wave Elite H20	U18 L2.0	12:48
	76	Yarmouth Consolidated Memorial HS Vikings	High School Median	12:51
	77	Atlantic Cheer Academy SWAT	Open 2.0	12:54
	78	West Bedford High School Wolves	High School Median	12:57
	79	Peak Elite Cheerleading Glaciers	Masters 2.0	1:00
		BREAK		1:03
		BREAK		1:06
		HEART & SOUL AWARDS; AWARDS SESSION 2 & LUNCH BREAK		
SESSION 4	82	Carleton Allstar Cheer Bullets	U16 L1 Restricted	2:18
	83	Carleton Little Janes	U8 L1 Restricted	2:21
	84	Halifax Cheer Elite Reckless	U16 L1 Restricted	2:24
	85	Action Cheer Athletics Moxie	U8 L1 Restricted	2:27
	86	Cumberland Allstars Sabotage	U16 L1 Restricted	2:30
	87	Cumberland Allstars Mini Rivals	U8 L1 Restricted	2:33
	88	Sky Athletics Rainbows	U6 L1 Restricted	2:36
	89	Atlantic Cheer Academy Black Ops	Large U12 L1 Restricted	2:42
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	91	Halifax Cheer Elite Xzibit	Large U12 L1 Restricted	2:48
	92	Carleton Allstar Cheer Bombers	Small U12 L1 Restricted	2:51
		AWARDS SESSION 3		
SESSION 5	93	Olympia Cheerleading Persephone	Open 3	3:33
	94	Olympia Cheerleading Asteria	Large U12 L2	3:36
	95	Empire Athletics Frost	U18 L3	3:39
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	97	Coastal Wave Elite Freeze	U16 L3	3:45
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	99	Halifax Cheer Elite Bossy Posse	U16 L3	3:51
	100	Carleton Allstar Cheer Sergeants	U18 L2	3:54
	101	Extreme Athletics Fire Squad	U16 L3	3:57
	102	Halifax Cheer Elite City Girlz	Small U16 L2	4:00
	103	Olympia Cheerleading Poseidon	U16 L3	4:03
	104	Cumberland Allstars Pink Mafia	Small U16 L2	4:06
	105	Action Cheer Athletics Ruin	U18 L4	4:09
	106	Empire Athletics Steele	Small U16 L2	4:12
	107	Empire Athletics Noir	U18 L4	4:15
		BREAK		4:18
	109	Atlantic Cheer Academy Unit 4.2	Open 4.2	4:21
	110	Cheer Sport Sharks Edmonton Marble Sharks	Small U16 L2	4:24
	111	Halifax Cheer Elite Mafia	Open 4.2	4:27
	112	Halifax Cheer Elite Cheetah Girlz	Medium U12 L2	4:30
	113	Extreme Athletics Lady Danger	U18 4.2	4:33
	114	Extreme Athletics Hotshots	Medium U12 L2	4:36
	115	Coastal Wave Elite Aqua	U18 4.2	4:39
	116	Empire Athletics Midnight	Medium U12 L2	4:42
		AWARDS SESSION 4		
SESSION 6	117	506 Elite Allstars Guardians	U18 L5	5:12
	118	Cheer Sport Sharks NL Riot Sharks	Small U12 L2	5:15
	119	Scotia Cheerleading Allstars Ghost	U18 L5	5:18
	120	Carleton Allstar Cheer Generals	Small U12 L2	5:21
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	126	Cheer Sport Sharks NL Wild Sharks	OC7.0 - WORLDS	5:42
	127	Halifax Cheer Elite Souljaz	Large U16 L2	5:45
	128	Scotia Cheerleading Allstars Infinity	OLC5	5:48
	129	Olympia Cheerleading Zeus	Large U16 L2	5:51
		COACH OF THE YEAR; SESSIONS 5 AND 6		
		FINAL AWARDS & WORLDS BIDS		